

# Energy Spray Uses

www.soartohealing.com

## Universal Spray

- Dissolves unwanted and unauthorized cords
- Cleanses, energizes, and normalizes the chakras in the body, organs, cells, aura, and health rays
- Cleanses, energizes, and normalizes the systems in the body (digestive, lymphatic, endocrine, nervous system, urinary, reproductive, etc.)
- Removes negative thoughts, negative emotions, and negative entities from all of the above areas
- Allows the process of healing to be more efficient and easier
- Compliments other healing modalities

*With intention, imagine before you the chakra, body part, house, car, restaurant, etc that you want to cleanse and energize. Using the Universal blend, spray into these images. Great for using before going to someone's house, restaurants, events and stores. There are several uses for the Universal blend.*

## Love Spray

- Removes negative emotions that are stored in the body and chakra
- Diffuses intense and difficult emotions
- Cleanses the aura of negative entities
- Cleanses spaces of negative energies, emotions and entities. Harmonizes those spaces with Love
- Helps to attract a mate, and enhances love in current marriages and relationships
- Enhances philia love (the love between friends) when sprayed in the heart
- Spins and harmonizes the twin hearts

*With intention, imagine before you the chakra, body part, house, car, etc that you want to cleanse and energize. Using the Love blend, spray into these images. Great for use in the aura, crown chakra, ajna chakra, front and back heart chakra, front and back solar plexus chakra, navel chakra and meng mein chakra. Important for use in the organs where negative emotions are stored and anywhere else in the body where emotions are causing discomfort. Great to spray before having important meetings and conversations to soften the energy and enhance communication.*

## Prosperity Spray

- Clears blockages of prosperity
- Enhances golden, prosperous energy in one's aura, navel and basic chakra
- Enhances the prosperity energy in one's home
- Enhances wealth and opportunities for transforming one's finances
- Enhances relationships in business meetings and interviews

*With intention, imagine your home, wallet, bank account and business. Using the Prosperity blend, spray into these images. Afterwards, imagine your aura, bottoms of the feet, and secondary navel chakras. Once more, spray into these images. Also useful to utilize prior to business meetings and interviews.*

# Self Defense Sprays

## Peace Spray

- Dissolves and provides defense from spiritual attacks
- Closes unwanted and unauthorized portals
- Creates an auric shield
- Renders the aura invisible to several negative entities
- Enhances the ability of Spirit to connect with and aid in transformation

*With intention, imagine your aura along with your front band back solar plexus chakra before you. Using the Peace blend, spray into these images. This blend also works well for shielding cars, homes, and preparing sacred spaces.*

## Sanctuary Spray

- Dissolves and provides defense from negative energies and attacks
- Limits mental suggestion from others
- Limits unwanted and unauthorized thought forms and beliefs from negatively affecting us
- Renders the aura invisible to several negative entities
- Enhances the ability of Spirit to connect with and aid in transformation

*With intention, imagine your aura or any space that you want to clear negative attacks, entities and thought forms of before you. Using the Sanctuary blend, spray into these images. This blend also works well for shielding cars, homes, and preparing sacred spaces.*

## Fortitude Spray

- Strengthens the aura to prevent others from attacking us

*With intention, imagine your aura before you. Using the Fortitude blend, spray into this image.*

# Sleep Sprays

## Bed Spray

- Aids in travel while we sleep
- Easier to wake up by getting back into body faster upon waking
- Protection while traveling

*With intention, imagine your bed and bedroom before you. Using the Bed blend, spray into this image.*

## Dream Spray

- Enhances deep and restful sleep
- Aids in falling asleep faster
- Enhances physical recovery when sleeping
- Minimizes night terrors and restless sleep
- Aids in spiritual awakening

*With intention, imagine your aura, front and back solar plexus chakra, navel chakra, meng mein chakra, basic chakra, hands and feet before you. Using the Dream blend, spray into these images.*

### **Brilliance (Brain Enhancer)**

- Enhances brain cognition
- Enhances and builds new neural pathways
- Regenerates new brain cells
- Enhances communication between the brain and the rest of the body
- Enhances oneness with our Higher Soul
- It balances and connects the right and left brain
- Clears and calms the mind
- Enhances memory recall
- Helps with ADD and ADHD

*With intention, imagine the brain and crown chakra. Using the Brilliance blend, spray into these images.*

## **Meditation Sprays**

### **Meditation (Meditation Enhancer)**

- Prepares our upper chakras for meditation
- Enhances oneness during meditation
- Helps us fly very high during meditation

*With intention, imagine the crown, forehead, ajna, throat, front and back heart & front and back solar plexus chakras. Using the Meditation blend, spray into these images. To be used at the same time as the Rise blend.*

### **Rise (Meditation Preparation)**

- Prepares our lower chakras for meditation
- Disintegrates dense energies preventing us from flying high during meditation

*With intention, imagine the feet, legs, hands and basic chakra. Using the Rise blend, spray into these images. To be used at the same time as the Meditation blend.*

## Clarity (Enhances Spirits Communication)

- Prepares one to receive information from Spirit
- Enhances connection with Spirit
- Enhances Oneness with Spirit
- Enhances correct perception and improves accuracy in scanning

*With intention, imagine the alta wings, clairvoyance pineal gland (sight), clairalience organ (smell), clairgustance organ (taste), cliraudience organ (sound), clairsentience organ (feel), claircognizance organ/crown (knowing). Using the Clarity blend, spray into these images.*

## Connection

- Prepares physical organs to perceive messages from Spirit
- The organs are a gateway for Spiritual messages
- Enhances connection with Spirit through these gateways
- Makes the Clarity spray stronger and enhances the effectiveness of the Clarity spray
- Enhances the capacity to receive messages from Spirit

*With intention, imagine the forehead chakra, pineal gland minor chakra, crown charka, hippocampus minor chakra, sphenoid bone, tongue, ribs 8-12 both sides, lateral masses of C1. Using the Connection blend, spray into these images.*

## Frequency

- Fine tunes the frequencies in which the bones vibrate
- Creates unity amongst all platforms of perception from Spirit
- Performs craniosacral
- Purges unclear thoughts that are preventing Spiritual messages from being received
- Opens a highway to Spirit for reception to messages
- Clears doubt

*With intention, imagine the frontal bone, sphenoid bone, parietal bone, occipital bone, zygomatic bone, temporal bone, mandible bone, maxilla bone, atlas, C1-C7 vertebrae, ethmoi boned, lateral masses of C1, Pituitary fossa, petrous pyramid, fossa of the squamous bone. Using the Frequency blend, spray into these images.*

## Purification

- Clears the aura so we can perceive clearly
- Prevents the blockages of messages coming through
- Become a beacon for Spiritual guidance
- Entrains us to a higher spiritual frequency
- Raises our vibration
- Enhances scanning of our hands and feet chakras
- Makes Spirits communication easier by bridging the gap
- Assimilates Spirits energy with our own

*With intention, imagine the aura, hands, feet. Using the Purification blend, spray into these images.*

## Boundaries (Healthy Energetic Boundaries)

*In Loving Memory of Dr Suzan Rossi*

- Mainly used to transform thought forms and beliefs which in turn directly affects the experiences we have in the human experience
- Provides us with healthy boundaries
- Provides healthy boundaries for every major chakra which brings them back into alignment
- Pulls unwanted unauthorized connections from the major chakras
- Quiets the energy from the outside world
- Removes entities that do not serve our best and highest good
- Helps transform our own shadow
- Helps clear limiting thoughts and beliefs that we hold
- Clarity on how to be in the human experience
- Brings Divine wisdom into the human experience
- Brings the mantra, "Peace be still" to all parts of oneself and the environment in which the spray is used
- Utilizes the manta Om Mani Padme Hum for transformation

*With intention, imagine the main cube, around property, on the home, wherever a sacred space is created, whatever space I'm physically occupying. Using the Boundaries blend, spray into these images.*